



FOR IMMEDIATE RELEASE  
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ExpressCare  
Agana Shopping Center  
Hagatna, GU 96932

## **Dedicated Guam Doctor, Lom Receives Prestigious Dermatology Diploma**

Dr. Jitka Lom, owner of ExpressCare Health and Skin Clinics, has recently obtained a post-graduate diploma, with distinction, in dermatology from the prestigious Cardiff University in Wales. Dr. Lom is a board-certified family physician who has lived and served in the community of Guam for the past 20 years. Her interests and patient services include general medicine, family practice, dermatology, acne, psoriasis, eczema, and skin allergies.

“As a family doctor, I approach dermatology in a comprehensive manner, looking at the patient as a whole person. Skin problems can directly reflect an imbalance on the *inside* of the body, as much as cause pain or concern from the outside. In turn, itchy rashes and embarrassing skin issues can also affect our overall general health with lack of sleep or depression. My goal is to help patients improve their skin, confidence, and their overall well-being too”, Lom said.

Dr. Lom performs numerous procedures at her two ExpressCare clinics, which are located at Micronesia Mall in Dededo and Agana Shopping Center in the heart of Agana. As Guam’s very own “Dr. Pimple Popper”, she helps with a wide variety of skin and health issues including cyst removals, laser surgery on skin tags or moles, UV light therapy for psoriasis, chemical allergy patch testing for eczema, wart treatments, tattoo removal, biopsies and more. She also offers health and beauty treatments including botox, fillers, microdermabrasion, teeth whitening, laser hair removal and hydrafacials.

“I’ve focused my practice on dermatology and skincare for many years. It has always been my passion to make people look and feel great in their own skin”, Lom said. “The long hours spent studying to achieve this post-graduate dermatology diploma will help to benefit Guam patients even more”.

Dr. Lom and her team at ExpressCare accepts most local insurances. Appointments may be booked by calling 477-2873, or made directly online at [www.expresscareguam.com](http://www.expresscareguam.com).

**About ExpressCare:** ExpressCare is a women-owned and operated business. Serving Guam for over 12 years, ExpressCare employs over 20 local hires. ExpressCare clinics are licensed with a mission to provide comprehensive medical care for local families including specializing in skincare health and FAA flight physicals for pilots and air traffic controllers. ExpressCare is

committed to the local community and currently sponsors the WINGS Youth Soccer Club to encourage healthy and happy Guam kids.

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